

What do I need to do to participate?

Fill out the following registration form and a PCORE staff member will contact you.

Please fax completed forms to PCORE at 609-588-9901

EPIC - Postpartum Depression Training Program

Registration Form

Practice Name

Practice Address

Phone

Fax

Contact Person (name/title)

E-mail Address

of Physicians

of Total Staff



EPIC PPD

Postpartum Depression



PCORE

Pediatric Council on Research & Education

Foundation of the American Academy of Pediatrics
New Jersey Chapter

**The EPIC Postpartum Depression
Training Program**

What is the EPIC - PPD Training Program?

EPIC is defined as Educating Physicians In their Communities. It is grounded in systems theory and works with the whole office unit to educate and create changes in practice patterns.

The EPIC-PPD program is supported by the New Jersey Department of Health and Senior Services and was developed in partnership with NJDHSS, the foundation of the AAP/NJ known as The Pediatric Council on Research and Education and the Central New Jersey Maternal and Child Health Consortium.

Studies show that 6%-8% of mothers of newborns are clinically depressed and many more have depressive symptoms. Maternal depression has a major impact on the infant and other children in the family. The pediatrician has regular recurring contact with the mother as part of well baby care. The goal of the training is to equip the providers and the office staff with the knowledge, tools and community resources to proactively identify and provide support to mothers suffering from postpartum depression.

What benefits will my practice gain by participating in an EPIC Postpartum Depression Training?

- Better understanding of the prevalence and seriousness of perinatal mood disorders
- Learn how to effectively utilize screening tools for perinatal mood disorders
- Learn how to incorporate screening tools into practice patterns
- Increase awareness of community resources
- Learn how to establish protocols for referrals and follow-up



How will my patients benefit from my participation in an EPIC - PPD training?

- Enhanced capacity to recognize signs of maternal depression, preventing possible abuse and neglect of your patients
- Increased quality of care for entire family
- Team approach to delivery of care
- Entire office engaged in care process
- Better ability for staff to interact with patients



Postpartum Depression...

**“It hurts more
than just moms.”**

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